Key Highlights

- Participating in Clinical Research

- Actively Recruiting Clinical Research Studies
  - ADNI4 Study
  - Get Charged Study
  - Libby Study

- Alcohol Awareness Month

- Follow us!
  - Instagram
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Questions to Ask Before Signing Up for a Research Study?

- What is the purpose of this study?
- What will I be asked to do?
- Are there any risks involved with this study?
- How will this study benefit me?
- Will I be asked to take a new medicine or receive a new treatment that hasn’t been used before?
- Where can I find out more information regarding this trial?

Why Do We Need Diversity in Research?

- Increasing the diversity of groups in research allows for findings to be applied to a wider range of populations.
- Genetic background and age of an individual can greatly impact response to treatment.
- Ensuring diversity within participants contributes to improving health equity and accessibility to information.
- Diversity in research enables a greater understanding of health trends and how they affect distinct communities.
ARE YOU INTERESTED IN PARTICIPATING IN A RESEARCH STUDY?

THE FOLLOWING STUDIES ARE SEEKING PARTICIPANTS:

**Strength in Numbers**
Join ADNI4

There is no way to prevent or cure Alzheimer’s.
Research is key to better understanding this incurable disease.
We need your help.

ADNI4 needs volunteers who:

- Are 55 to 90 years of age
- Have either:
  - Normal memory,
  - Mild Cognitive Impairment*, or
  - Dementia*
- Have a study partner
- Are willing to commit to the study for 5 years
- Are available for in-person visits with some virtual options

* Diagnosis is not required (testing is part of study screening).

For nearly 20 years, the Alzheimer’s Disease Neuroimaging Initiative (ADNI) has made amazing discoveries in how the brain functions.

**ADNI4 is the next frontier.**
Learn more about ADNI4: Visit the study website at ADNI4.org

Connect with your local research location to join ADNI4.

For more information, please contact the research team at:
Georgetown University Memory Disorders Program
Study Manager: Jessica Mallory
Phone: 202-687-3355
Email: jpm1715@georgetown.edu

ADNI4 is funded by a grant from the National Institute on Aging to the Northern California Institute for Research and Education, and being conducted by a network of leading academic Alzheimer’s research partners.
HAVE YOU SURVIVED CANCER?

WANT TO OPTIMIZE YOUR HEALTH...
And maybe even lose some weight?

Join our study!

- Learn to eat based on your sugar levels
- Learn about different types of hunger
- Wear a small, painless sugar monitor for 3 weeks
- Do most tasks from home
- Have 2 short visits

$ RECEIVE COMPENSATION AND FREE PARKING

Interested?
Scan QR code and fill out survey

Or contact us:

timetoeat@georgetown.edu
(202) 817-7825

MOD00016718
IRB Approved
Approval Date - 3/4/2024
ARE YOU A WOMAN OVER 40 WHO HAS GONE THROUGH MENOPAUSE?

DO YOU WANT TO LEARN WHEN IS THE BEST TIME FOR YOU TO EAT?

Join our study! You will:

- Learn how to eat based on your glucose levels
- Learn about different types of hunger
- Wear a painless, small glucose monitor for 3 weeks

$ RECEIVE COMPENSATION AND FREE PARKING

MOD00016387
IRB Approved
Approval Date - 12/21/2023

Interested?

Contact Princess Georges, CRC to see if you are eligible!

GGE_study@georgetown.edu
(202) 687-9031
**What is involved?**

*Over 12 weeks,* participants will receive a THC/CBD combination or placebo in the form of an oral, digestible oil. A placebo is designed to look like the treatment being studied but does not have any active ingredients.

*There will be in-person and telephone appointments* for the participant and study partner. Depending on where participants reside, in-person visits may take place at home or at a facility.

*Financial reimbursement for each completed study visit* may be available for study participants and their study partners. Please contact your nearest study site for details.

For more information visit LiBBYStudy.org, or contact:

Georgetown University  
Katie Seidenberg  
202-687-5338  
ks1891@gmail.com

To learn more or to find the nearest study location visit:

LiBBYStudy.org

Scan code with your smartphone’s camera or call:

1-800-LiBBY-11  
(1-800-542-2911)

**The LiBBY Study**

Providing hope for a safe and effective treatment at the end of life for people with agitation related to dementia.

Led by Alzheimer’s disease research experts at the NIH-funded Alzheimer’s Clinical Trials Consortium (ACTC).

Funded by the National Institute on Aging (NIA) of the National Institutes of Health (NIH)
Check Your Alcohol Use:

- Set a daily and weekly drinking limit
- Write down your limit and keep it with you
- Record how much you drink each day
- Avoid situations and triggers that cause you to drink
- Ask a friend to help you stay within your limit
- Talk with a doctor about your alcohol use

What is a Standard Drink?

- 12 ounces of beer (5% alcohol content).
- 8 ounces of malt liquor (7% alcohol content).
- 5 ounces of wine (12% alcohol content).
- 1.5 ounces or a “shot” of 80-proof (40% alcohol content) distilled spirits or liquor (e.g., gin, vodka, rum, tequila, whiskey, brandy).

samhsa.gov/find-help/atod/alcohol

SAMHSA’s National Helpline
1-800-662-HELP (4357)
Signs of Drinking Too Much:

- You drink more or longer than you intended
- You try to cut down or stop drinking, but are not able to
- You need to drink more than you once did, to get the effect you want
- You continue to drink even though it makes you feel depressed or anxious - or adds to another health problem
- Loved ones or trusted friends have made comments about your drinking
- You spend a lot of time drinking or thinking about alcohol
- You find that drinking interferes with daily activities, family, friends, or work
- Or maybe...
  - You have had legal problems due to drinking
  - You have experienced symptoms of withdrawal when you don’t drink (such as shakiness, sweating, tremors, headaches, anxiety, irritability, and/or insomnia)

samhsa.gov/find-help/atod/alcohol

988 Suicide & Crisis Lifeline
988 or 988Lifeline.org

FindTreatment.gov
Thank You!

Keep in Touch &
Follow Us On Our Platforms Below!

We Want to Hear YOUR Feedback!
Go To Our Newsletter Survey

@GHUCCTSCommunity
https://www.facebook.com/GHUCCTSCommunity

@ghucccts_community
https://www.instagram.com/ghucccts_community/

@ghuccstsadministration146
https://www.youtube.com/@ghuccstsadministration146

https://www.wepartner4research.org/