

WE PARTNER FOR RESEARCH NEWSLETTER 2024

April 2024



WHO WE ARE

We are a center created to provide information on clinical trials so patients can fully consider their opportunities to get involved in research.



WHAT WE DO

We provide research information to the community and serve researchers by helping to increase participation in studies.



WHY IT MATTERS

We support increased clinical trial participation to accelerate discoveries to improve health.

Key Highlights

- **Participating in Clinical Research**
- **Actively Recruiting Clinical Research Studies**
 - ADNI4 Study
 - Get Charged Study
 - Libby Study
- **Alcohol Awareness Month**
- **Follow us!**
 - Instagram
 - Facebook
 - YouTube

We**PARTNER**
for**RESEARCH**

Georgetown University | Howard University
MedStar Health Research Institute | DC Veterans Affairs Medical Center
Oak Ridge National Laboratory

Participating in Clinical Research

GHUCCTS: Let's Talk About Clinical Research



Questions to Ask Before Signing Up for a Research Study?

- What is the purpose of this study?
- What will I be asked to do?
- Are there any risks involved with this study?
- How will this study benefit me?
- Will I be asked to take a new medicine or receive a new treatment that hasn't been used before?
- Where can I find out more information regarding this trial?



Why Do We Need Diversity in Research?

- Increasing the diversity of groups in research allows for findings to be applied to a wider range of populations
- Genetic background and age of an individual can greatly impact response to treatment
- Ensuring diversity within participants contributes to improving health equity and accessibility to information
- Diversity in research enables a greater understanding of health trends and how they affect distinct communities

April 2024

ADNI4 Study

ARE YOU INTERESTED IN PARTICIPATING IN A RESEARCH STUDY?

THE FOLLOWING STUDIES ARE SEEKING PARTICIPANTS:

Strength in Numbers Join ADNI4



**There is no way
to prevent or cure Alzheimer's**

Research is key to better understanding
this incurable disease.

We need your help.

**ADNI4 needs
volunteers who:**

- Are 55 to 90 years of age
- Have either:
 - Normal memory,
 - Mild Cognitive Impairment*, or
 - Dementia*
- Have a study partner
- Are willing to commit to the study for 5 years
- Are available for in-person visits with some virtual options

**Diagnosis is not required (testing is part of study screening).*



For nearly 20 years, the Alzheimer's Disease Neuroimaging Initiative (ADNI) has made amazing discoveries in how the brain functions.

ADNI4 is the next frontier.

Learn more about ADNI4: Visit the study website at ADNI4.org

**Connect with your local research
location to join ADNI4.**

For more information, please contact the research team at:
Georgetown University Memory Disorders Program
Study Manager: Jessica Mallory
Phone: 202-687-3355
Email: jp1715@georgetown.edu

ADNI4 is funded by a grant from the National Institute on Aging to the Northern California Institute for Research and Education, and being conducted by a network of leading academic Alzheimer's research partners.

ADNI Alzheimer's
Disease
Neuroimaging
Initiative

HAVE YOU SURVIVED CANCER?

WANT TO OPTIMIZE YOUR HEALTH...
And maybe even lose some weight?



Join our study!

- Learn to eat based on your sugar levels
- Learn about different types of hunger
- Wear a small, painless sugar monitor for 3 weeks
- Do most tasks from home
- Have 2 short visits


\$ RECEIVE COMPENSATION AND FREE PARKING


Interested?

Scan QR code and fill out survey



Or contact us:

 timetoeat@georgetown.edu

 (202) 817-7825

MOD00016718
IRB Approved
Approval Date - 3/4/2024

ARE YOU A WOMAN OVER 40 WHO HAS GONE THROUGH MENOPAUSE?



DO YOU WANT TO LEARN WHEN IS THE BEST TIME FOR **YOU** TO EAT?

Join our study! You will:

- Learn how to eat based on your glucose levels
- Learn about different types of hunger
- Wear a painless, small glucose monitor for 3 weeks

\$ RECEIVE COMPENSATION AND FREE PARKING


MOD00016387
IRB Approved
Approval Date - 12/21/2023



Interested?

Contact Princess Georges, CRC to see if you are eligible!

 GGE_study@georgetown.edu

 (202) 687-9031

SCAN QR CODE AND FILL OUT SURVEY



What is involved?

Over 12 weeks, participants will receive a THC/CBD combination or placebo in the form of an oral, digestible oil. A placebo is designed to look like the treatment being studied but does not have any active ingredients.

There will be in-person and telephone appointments for the participant and study partner. Depending on where participants reside, in-person visits may take place at home or at a facility.

Financial reimbursement for each completed study visit may be available for study participants and their study partners. Please contact your nearest study site for details.

For more information visit LiBBYStudy.org, or contact:

Georgetown University
Katie Seidenberg
202-687-5338
ks1891@gmail.com

To learn more or to find the nearest study location visit:

LiBBYStudy.org



Scan code with your smartphone's camera or call:

1-800-LiBBY-11
(1-800-542-2911)



Led by Alzheimer's disease research experts at the NIH-funded Alzheimer's Clinical Trials Consortium (ACTC).



The LiBBY Study

Providing hope for a safe and effective **treatment** at the **end of life** for people with **agitation** related to **dementia**.

Funded by the National Institute on Aging (NIA) of the National Institutes of Health (NIH)

Check Your Alcohol Use:

- Set a daily and weekly drinking limit
- Write down your limit and keep it with you
- Record how much you drink each day
- Avoid situations and triggers that cause you to drink
- Ask a friend to help you stay within your limit
- Talk with a doctor about your alcohol use

What is a Standard Drink?

- 12 ounces of beer (5% alcohol content).
- 8 ounces of malt liquor (7% alcohol content).
- 5 ounces of wine (12% alcohol content).
- 1.5 ounces or a "shot" of 80-proof (40% alcohol content) distilled spirits or liquor (e.g., gin, vodka, rum, tequila, whiskey, brandy).

samhsa.gov/find-help/atod/alcohol

HELP IS
AVAILABLE

APRIL

ALCOHOL
AWARENESS
MONTH

SAMHSA's National Helpline

1-800-662-HELP (4357)

Signs of Drinking Too Much:

- You drink more or longer than you intended
- You try to cut down or stop drinking, but are not able to
- You need to drink more than you once did, to get the effect you want
- You continue to drink even though it makes you feel depressed or anxious - or adds to another health problem
- Loved ones or trusted friends have made comments about your drinking
- You spend a lot of time drinking or thinking about alcohol
- You find that drinking interferes with daily activities, family, friends, or work
- Or maybe...
 - You have had legal problems due to drinking
 - You have experienced symptoms of withdrawal when you don't drink (such as shakiness, sweating, tremors, headaches, anxiety, irritability, and/or insomnia)

samhsa.gov/find-help/atod/alcohol

HELP IS
AVAILABLE

APRIL

**ALCOHOL
AWARENESS
MONTH**

988 Suicide & Crisis Lifeline

988 or 988Lifeline.org

FindTreatment.gov

Thank You!

Keep in Touch

&

Follow Us On Our Platforms Below!

We Want to Hear YOUR Feedback!

Go To Our Newsletter Survey



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